

Dear Parent and Student,

We are really excited to welcome you back to the studio next week. As before this lockdown, there are some things that we will have to put in place to keep everybody safe. When you arrive you are agreeing to abide by these rules so please read them carefully.

What we need from you:

Please bring any snacks and drinks you need with you in your own bag, listen to the teachers and stay in your designated areas unless specifically told not to. It's really important that we keep our distance during lessons. If you're not sure pop your hand up and we will sort you out. Please don't sing or shout in the building for the moment, unless it's part of your lesson, hopefully we will be able to get back to our normal loud selves as soon as possible. If you are over 11 please wear a face covering to enter and leave the building, WHO advice says that younger people shouldn't wear them and we shouldn't wear them whilst exercising, but you can the rest of the time. Please come ready to dance, we don't have changing facilities available at the moment. If you or anyone in your household has symptoms of Covid-19 or you have been advised to self-isolate by NHS Test and Trace please access the sessions via Zoom. Finally, please go to the toilet before you come to see us, the less our toilet is used the easier it will be to keep everything clean.

How it will work:

You will come in to the building through the back door (the one we use for exams) and wash or sanitize your hands on the way in. You will then go to your square which will be your base during your lesson unless you need to use the toilet. In your square is a starting "X" where you will start for each dance and a smaller square you can sit in which will put you a good distance away from anyone else. If you get worried or need some space we do have a safe space for people to sit quietly if they need to. If you go to the toilet please wash your hands and wipe round with the wipes provided. At the end of the session you will wipe your hands and any equipment you have touched with the 70% alcohol wipes provided.

For your peace of mind:

We are following the government guidance for indoor gyms, out of school activities and the IDTA recommendations based on their conversations with the government.

We will be keeping the distances between students really clear for everyone at a minimum of 2m.

We will keep the air in the building moving through as much as possible with external ventilation. We will make sure everyone washes their hands on entering the building and has access to tissues at all times and a cleaning wipe/sanitizer/washed hands for before they leave. We will make sure that any props used are only used by one person before being cleaned or quarantined before any further use. We will keep a list of people who are in the building at any one time for Test-and-Trace reasons and destroy it after 21 days.

We are providing plenty of soap and disposable paper towels for hand washing alongside sanitizer and 70% alcohol wipes for hand sanitising.

We may spend some time outdoors with physical distance if the weather allows. All students will be encouraged to wash their hands on returning to the building.

We will have PPE available for staff should we need to administer First Aid or reduce distance between ourselves and a student for any reason.

All teachers will be taking regular lateral flow tests to confirm that they are not infected but asymptomatic.

Between lessons we will clean each area using Dettol All-In-One spray and/or detergent and water.

In between times we will have as wonderful and as normal a time as we can and will enjoy preparing for the show together, in the studio, at last.

Thanks again for your support and adherence to the guidelines,

We can't wait to see you,

Olivia xx